

Allergy information for Parents

Dear parents,

As the organic caterers for Munich International School, we would like to take this opportunity to inform you clearly about the way Il Cielo handles and labels allergens.

- IL CIELO labels all allergens with identification numbers, in accordance with the Food Information to Consumers Regulation (FIC), which has been in force Europe-wide since 13th December 2014. The following allergens must be clearly labelled:
Grain containing gluten (16), crustaceans (18), eggs (13), fish (17), peanuts (15), soybeans (12), milk and lactose (11), nuts (14), celery (19), mustard (20), sesame (21), sulphur dioxide/sulphites from 10mg/kg and over (23), lupines (24) and shellfish (22).
- **Allergen labels** for hot meals must be displayed
 - o on an easily visible, clear, easy-to-read sign on or near the food it is referring to
 - o directly on the menu
 - o in the display case at the entrance to the cafeteria
- Allergen labels for snacks must be displayed:
 - o on our food and drinks menus or our schedules of prices in the cafeteria
 - o in a specially designated display case with products suitable for allergy sufferers
 - o on an easily visible, clear, easy-to-read sign on or near the food it is referring to
- Our **allergen management** approach is made up of the following essential components:
 - o Il Cielo's checkback with its organic suppliers and an assessment of the foods supplied
 - o Il Cielo's storage system
 - o The path from storage to food production and the actual preparation of the dishes, as well as
 - o The serving or the sale of our foods/products.
- When a child is registered at the school, the parents receive an **allergy questionnaire**, where they enter all the information about the child's food allergy or intolerance. The allergies will be discussed with IL CIELO to see whether and how it can provide the right catering. Parents will be expected to attend an appointment with the responsible catering supervisor concerning this.
- Should a life-threatening situation of allergic shock nonetheless arise, the school nurse or a third party must immediately call an emergency doctor (emergency number: 112). Highly sensitive allergy sufferers must leave **emergency medication** with the school nurse for emergencies.
- We cannot completely rule out the possible presence of **traces of allergens** coming from other foods (e.g. traces of nuts in bread products) or in our kitchen during the process of making food (e.g. grains of flour in the air) – a process which is called "cross-contact". If highly allergic children already react to traces of allergens with life-threatening symptoms, IL CIELO is unfortunately **UNABLE to cater for them at all**.
- Il Cielo does its very best to ensure that children with allergies, too, can participate in meals in the cafeteria. However, beyond the above-described precautions and the legally mandatory measures, IL CIELO can accept no liability for the occurrence of allergic reactions.

I have taken note of and understood the above information Name of schoolchild,

Class: _____

Date, Signature of parent: _____